





OUR TEAM BUILDING SUITE

Course	Course Design
<p>Team Building using</p> 	<p>The ultimate experience! Exploring individual personality types and how they fit into a team is one of the best ways towards building a solid team.</p> <p>Using the most widely used MBTI instrument and high impact experiential exercises, this team building experience will send you and your team to a different plane!</p> <p>Organisations have found that such an intervention has resulted in productive teams, who are focused on their team goals, instead of spending energies on resolving personality issues and conflicts.</p> <p>Try it! It's worth it!</p>
<p>Team Building using</p> 	<p>Wouldn't it be great if you and your team explored why we all behave a certain way and what are the hidden mismatches between our wanted and expressed behaviours? The FIRO B teambuilding will offer profound insights into interpersonal relationship styles and how it affects the wellbeing of your team.</p> <p>The tool looks into sources of tension within each profile and when the team at large understands this, communication and resultant effective relationships emerge!</p>
<p>Team Building using</p> 	<p>Learn how to use conflict to achieve positive outcomes in a team. This one day event will increase your awareness of your own and other's conflict styles in an interactive, safe and non-threatening environment.</p> <p>The Thomas-Kilman Mode Instrument is the most researched and the world's best-selling conflict assessment tool, and what better way than to apply it in a team setting?</p>
<p>Experiential Team Building</p> 	<p>An all-time favourite! This course is high impact training using powerful metaphors to enable transformational change in your team.</p> <p>Participants are put through various challenging yet enjoyable activities and learning points explored during the debriefing sessions. This is an excellent way to bond with each other and lifelong lessons are taken home. Your team will come out of it energised and cohesive and its impact felt for a long time!</p>

